



The thermal pool at Switzerland's Tschuggen Bergoase spa. Below: The resort's unusual skylights peeking up through the snow.

## ALPINE THERAPY

Until recently, the tiny hamlet of Arosa, hidden high in the eastern part of the Swiss Alps, was known almost exclusively to outdoor enthusiasts for its hiking and winter sports. But now sybarites are flocking to the stunning 50,000-square-foot **Tschuggen Bergoase** spa, designed by the Swiss architect Mario Botta (who also created San Francisco's Museum of Modern Art). Taking its name literally—*Bergoase* means “mountain oasis” in German—the complex reflects its surroundings, with rooms tucked into the mountainside and topped with



glass-and-steel skylight structures that resemble pine trees silhouetted by mountain peaks. The four-story wellness center has a medical-assessment department, indoor and outdoor pools, hot and cold soaking baths filled with local spring water, and relaxation areas with open fireplaces. And because this state-of-the-art spa is attached to the 130-room Tschuggen Grand, Arosa's premier hotel (which just had a vibrant makeover by decorator Carlo Rampazzi), you simply cross a glass bridge to retire to your suite. *Treatments from \$54; double rooms from \$221. 011-41-81-378-9999; www.tschuggen.ch.*

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